

## Choose life over cancer

The mission of the Cancer Therapy & Research Center at the University of Texas Health Science Center is to conquer cancer through research, prevention and treatment.

For more information  
Visit our website [www.ctrc.net](http://www.ctrc.net)

Sponsored by the  
CTRC Wellness Center

# Surviving & Thriving

## THE WORLD OF SURVIVORSHIP



### JUNE 3-5, 2011

T Bar M Conference Center  
New Braunfels, Texas

## SURVIVE



A person is a cancer survivor from the moment of diagnosis through the balance of their life. Family, friends, and caregivers are considered survivors too.

Cancer survivors are invited to spend a relaxing weekend learning new ways to promote health and wellness at the *Surviving & Thriving Conference*.

Participants share strength, humor and wisdom while discovering ways to regain control, reduce feelings of isolation and restore hope.

The Surviving & Thriving Conference moves people from a cancer diagnosis to a life beyond cancer.

## THRIVE

The best part  
Of living  
Is not surviving....  
But thriving,  
With passion  
And compassion  
And humor  
And style  
And generosity  
And kindness.

- Maya Angelou



## SETTING

The T Bar M Conference Center is a peaceful retreat center near New Braunfels Texas, in the beautiful Texas Hill Country. Guests relax in the serenity of the oak-shaded property while enjoying the walking trails, swimming pool, tennis courts, rock climbing wall, indoor sports center and much more.



## ACCOMMODATIONS

Guests share a charming country– styled guest room featuring handmade Hill Country furniture. Rooms offer separate beds, private baths, mini refrigerators, cable TV, in-room safes, hair dryer, iron and ironing board and daily maid service. A limited number of handicapped-accessible rooms are available upon request. Some rooms have an upstairs entrance, so please be sure to notify us if climbing stairs is difficult for you. All guests have access to the resort’s amenities. Meals are prepared and served in the main dining area at designated times. Snacks and beverages are provided throughout the day.

## OFFERINGS

Education  
Massage  
Symptom Management  
Reiki  
Tai Chi  
Meditation  
Overcoming Fears  
Laughter  
Caregiver Support  
Networking  
Celebrated Speakers  
Workshops  
Nutritious Food  
Yoga  
Group Discussions  
Peer Support  
Music  
New Friends  
Dance  
Art



## SPEAKERS

**Suzie Humphreys**  
Humorist, Motivational Speaker, Radio Personality and Cancer Survivor

**Roger Piggott**  
International Golf and Offshore Powerboat Television Producer and Cancer Survivor

## CONFERENCE FEES

The \$150 registration fee includes all meals, lodging, activities and materials. The reasonable registration fee is possible because of underwriting provided by generous donors. Registration is limited, so please register early to reserve your space. A \$50 non-refundable deposit is required at time of registration with the remaining balance due by May 3, 2011.

Registration received after the May 3rd cut-off date will be on a space available basis only, at the prevailing room rate (higher than group rate). A limited number of scholarships may be available to those who can demonstrate a financial need. Contact 210.450.5574 for more information.

Upon receipt of your registration, you will receive a packet of information with event details. Additionally, you will be asked to complete and return a participant questionnaire to provide the event coordinators with information to better serve you and make your stay more comfortable.



## Registration

- Survivor  Caregiver (check one)
- Enclosed is my \$50.00 non-refundable deposit. Balance is due by May 3, 2011
- Enclosed is my full retreat fee payment in the amount of \$150.00

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_

Email \_\_\_\_\_

### Cash or Check Only

Sorry, we are not able to accept credit card payment at this time

### Deadline for Registration is May 3, 2011

Space is limited. Register early!

#### Send to:

Patient & Family Services - MC 8201  
CTRC at UTHSCSA  
7979 Wurzbach Road  
San Antonio, Texas 78229  
210.450.5570